



Storm Response • York County

A Free & Anonymous Program to Help Individuals and Communities Recover After a Disaster

We Can Provide Help With:

- Emotional support in times of stress
- Mental health & resiliency resources
- Assistance in reviewing disaster recovery options
- Connecting individuals & families with agencies who can help with the recovery process
- Linkage to resources to meet basic or emergency needs
- Assistance in identifying coping strategies such as preparation, self-care, and identifying support systems

To Contact a York County Storm Response Outreach Worker:



phc@mainehealth.org

Visit
strengthenme.com/weather-support



SCAN ME
For Additional
Information



York County Resources

Heat, Energy & Fuel Assistance

YCCAC, (207) 459-2950

Home Repair & Weatherization Assistance

YCCAC, (207) 206-1261

Transportation Services

YCCAC

Offers a variety of transportation services throughout York County. Call for more information.

(207) 459-2932

Additional Resources

Programs listed below can help locate resources such as:

- Mental health support
- Food assistance
- Warming centers
- Clinics & health care
- Shelters & housing
- And much more

2-1-1 Maine

Maine specialists are available 24/7 to help locate services near you. Free & confidential. All languages.

Dial 211 or text your zip code to 898-211

FindHelp

A website that will connect you to free or low-cost resources in your area.

Visit mainehealth.findhelp.com

If You Are in Crisis

Maine Crisis Line

Free, confidential support from trained crisis counselors.

Available 24/7.

(207) 459-2932

For Emergencies Dial 911

Coordinated by Maine DHHS, OBH, in partnership with Maine CDC.

Funded by Federal Emergency Management Agency in partnership with the Substance Abuse and Mental Health Services Administration.