



Strengthen ME

Storm Response

Were you or someone you know impacted by the December 2023 and January 2024 winter storms? Healthy Community Coalition offers dedicated Community Health Workers as points of connection to help individuals and communities recover after a disaster. To connect with a Community Health Worker please call **207-779-3136**.

FOOD AND UTILITIES

Seniors Plus Meals on Wheels

www.seniorsplus.org
207-795-4010

SNAP Benefits

www.mymaineconnection.gov
1-800-477-7428

Western Maine Community Action WIC/LIHEAP

www.wmca.org
207-645-3764

United Way- Meals and Pantries

www.uwtva.org/get-help/area-food-pantries
207-778-5048

Electricity Lifeline Program

www.cmpco.com
1-800-750-4000

MEDICATION ASSISTANCE

Med Access

www.mainehealth.org
1-877-275-1787

TRANSPORTATION

Western Maine Transportation

www.wmtsbus.org
1-800-393-9335

Modiv Care

www.modivcare.com
1-855-608-5180

Mom's Taxi

207-357-8800

CLOTHING

St. Rose of Lima

www.stroseandstjosephmaine.org
207-897-2173

United Methodist Economic

Ministry

www.umeconomicministry.com
207-678-2611

For more information on resources,
visit StrengthenME.com or
scan the QR code.



Funded by Federal Emergency Management Agency in partnership with the Substance Abuse and Mental Health Services Administration

Coordinated by Maine DHHS, Office of Behavioral Health in partnership with Maine CDC

Emergency Lines

Child Protective Services 1-800-452-1999

Safe Voices 1-800-559-2927

Maine Crisis Line 1-888-568-1112
or call/text 988

MENTAL HEALTH

Assistance Plus

www.assistanceplus.com
207-645-7126

Spurwink

www.spurwink.org
207-871-1200

Sweetser

www.sweetser.org
1-800-434-3000

MAS

www.mascommunityhealth.com
207-376-4880

National Alliance on Mental Illness (NAMI)

www.namimaine.org
207-622-5767

Safe Voices

www.safevoices.org
207-778-6107

HOUSING

Kennebec Behavioral Health

www.kbhmaine.org
207-860-3026

Western Maine Community Action

www.wmca.org
207-645-3764

Mission at the Eastward

www.missionattheeastward.org
207-713-6283

Warm Line 1-866-771-9276
APS 1-800-624-8404

SUBSTANCE USE TREATMENT & RECOVERY

Franklin County Recovery Center

www.facebook.com/FranklinCountyRecoveryCenter
207-779-3136

Tobacco QuitLink

www.mainequitlink.com
1-800-784-8669 (1-800-QUIT-NOW)

Lifeline for ME

www.lifelineforme.org
207-320-3305

Groups Recover Together

www.joiningroups.com
1-888-858-1723

Options

www.knowyouroptions.me
207-468-4327

CHILD AND FAMILY CARE

Childcare Choices

www.childcarechoices.me
1-888-900-0055

Community Concepts

www.ccimaine.org
207-743-7716

Children's Taskforce

www.fcctf.org
207-778-6960

Western Maine Community Action - WIC

www.wmca.org/nutrition-services/wic
207-645-3764

**For general assistance visit
Findhelp.org OR call #211**