



Assistance Available to Disaster Survivors

DISASTER RESPONSE RESOURCES

 **FEMA DISASTER ASSISTANCE: 1-800-621-3342**

[HTTPS://WWW.DISASTERASSISTANCE.GOV/](https://www.disasterassistance.gov/)

 **DISASTER DISTRESS LINE: 1-800-985-5990**

MENTAL HEALTH AND RESILIENCY RESOURCES

 **CALL OR TEXT MAINE CRISIS LINE: 888-568-1112**

 **MAINE PEER TO PEER WARMLINE: (866) 771-WARM (9276)**

 **SPIRITUAL CARE SERVICES OF MAINE: 207-261-5200**

[HTTPS://STRENGTHENME.COM/](https://strengthenme.com/)