



Resources for Fishermen

When storms damage working waterfronts, commercial fishermen face disruptions to their operations, increased costs, and potential loss of income. The uncertainty and stress of repairing or losing critical infrastructure can also take a toll on mental health.

If you were affected by the January storms, there are resources available from community healthcare workers that are familiar with the working waterfront and commercial fishing industry.

- One on one counseling about health, community services, and resources for fishing businesses.
- Referrals to mental health & community services.
- Group fishermen wellness sessions & community-building events.



Contact: Brenda Hamilton
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For immediate support:



2 211 Maine is a free and confidential resource offering information and referrals for health and human services in Maine. It connects individuals to resources like housing, food assistance, mental health services, and emergency support through phone, text, or online platforms 24/7, providing guidance and support, especially during crises.

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WE PERSEVERE.**

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